

**Bond Academy  
Hot Lunch Menu  
Monday, November 23, 2009 to Friday, December 4, 2009**

| <b>Monday, November 23/09</b>   | <b>Tuesday, November 24/09</b>  | <b>Wednesday, November 25/09</b>  | <b>Thursday, Nov. 26/09</b>   | <b>Friday, Nov. 27/09</b>  |
|---|---|---|---|--|
| Spaghetti<br>Vegetable Omlette<br>Port Rib with Soy Sauce<br>Egg Fried Rice<br>Mixed Veg. with Garlic Sauce         | Grilled Cheese Sandwich<br>Breaded Port Cutlet<br>Curry Chicken<br>Fried Noodle<br>Mixed Veg with Garlic Sauce      | Lasagna<br>Chicken Nuggets<br>Pork with Mushroom<br>Egg Fried Rice<br>Mixed Veg with Garlic Sauce   | Hamburger<br>Roast Chicken<br>Beef with Blk Bean Sauce<br>Fried Noodle<br>Mixed Veg with Garlic Sauce           | Fish'n Chips<br>Hot Dog<br>Chicken with Sweet Soy Sauce<br>Egg Fried Noodle<br>Mixed Veg |
| <b>Monday, November 30/09</b>   | <b>Tuesday, December 1/09</b>   | <b>Wednesday, December 2/09</b>   | <b>Thursday, Dec. 3/09</b>  | <b>Friday, December 4/09</b>   |
| Hot Dog on a Bun<br>Breaded Pork Cutlet<br>Chicken with Blk Bean Sauce<br>Fried Rice<br>Mixed Veg with Garlic Sauce | Egg Salad Sandwich<br>Roast Chicken<br>Blk Bean Sauce Pork with Tofu<br>Fried Noodle<br>Mixed Veg with Garlic Sauce | Pasta with Meat Sauce<br>Veg. Omlette<br>Curry Chicken<br>Fried Rice<br>Mixed Veg with Garlic Sauce | Grilled Cheese Sandwich<br>Meat Steak<br>Pork Rib with Soy Sauce<br>Fried Noodle<br>Mixed Veg with Garlic Sauce | P.A. Day – No classes<br>For the Elementary Students                                     |
| <b>Note: Available Daily</b><br>Steamed Rice and Mixed Vegetables with Garlic Sauce                                 | <b>Note: Available Daily</b><br>Steamed Rice and Mixed Vegetables with Garlic Sauce                                 | <b>Note: Available Daily</b><br>Steamed Rice and Mixed Vegetables with Garlic Sauce                 | <b>Note: Available Daily</b><br>Steamed Rice and Mixed Vegetables with Garlic Sauce                             | <b>Note: Available Daily</b><br>Steamed Rice and Mixed Vegetables with Garlic Sauce      |

- Cash Purchases for a meal will be \$5.00 daily. Cash Purchases are discouraged due to the additional time involved when purchasing and getting change. As well, there is the possibility of losing or misplacing lunch money.
- A meal card can be purchased in increments of \$20. You will receive 5 tickets for each \$20, a saving of \$1.00 per meal over the cash price. To order Hot Lunch Meal card, please complete the order form on the reverse.
- We would prefer that you send a cheque payable to Bond Academy when purchasing your child' lunch card, eliminating the possibility of the loss of money in transit. The classroom teacher will forward the cheque and order form to the office and will keep the meal card with the teacher. In order to refill the meal card it is necessary to have the card.

**Order Form – Please Turn Over**

