

**Bond Academy  
Hot Lunch Menu  
Monday, February 1, 2010 to Friday, February 12, 2010**

<b>Monday, February 1/10</b>	<b>Tuesday, February 2/10</b>	<b>Wednesday, February 3/10</b>	<b>Thursday, February 4/10</b>	<b>Friday, February 5/10</b>
Hot Dog on a Bun Vegetable Omelette Pork Rib with Soy Sauce Egg Fried Rice Mixed Veg.	Spaghetti with Meat Sauce Roast Chicken Tofu with meat Egg Fried Rice Mixed Veg. with Garlic Sauce	Grilled Cheese Sandwich Breaded Pork Cutlet Beef with Black Bean Sauce Egg Fried Rice Mixed Veg with Garlic Sauce	Pasta with Cream of Mushroom Sauce Breaded Grill Fish Curry Sauce with Chicken Egg Fried Rice Mixed Veg with Garlic Sauce	Pizza Fish'N Chips Chicken with Sweet Soy Sauce Egg Fried Rice Mixed Veg
<b>Monday, February 8/10</b>	<b>Tuesday, February 9/10</b>	<b>Wednesday, February 10/10</b>	<b>Thursday, February 11/10</b>	<b>Friday, February 12/10</b>
Spaghetti with Meat Sauce Roast Chicken Tofu with Meat Egg Fried Rice Mixed Veg with Garlic Sauce	Hot Dog on a Bun Vegetable Omelette Pork Rib with Soy Sauce Egg Fried Rice Mixed Veg with Garlic Sauce	Pasta with Cream of Mushroom Sauce Breaded Grill Fish Beef with Black Bean Sauce Egg Fried Rice Mixed Veg with Garlic Sauce	Grilled Cheese Sandwich Breaded Pork Cutlet Curry Sauce and Chicken Egg Fried Rice Mixed Veg with Garlic Sauce	<b>P.A. Day – no classes for Elementary Children</b>
<b>Note: Available Daily</b> Steamed Rice and Mixed Vegetables with Garlic Sauce	<b>Note: Available Daily</b> Steamed Rice and Mixed Vegetables with Garlic Sauce	<b>Note: Available Daily</b> Steamed Rice and Mixed Vegetables with Garlic Sauce	<b>Note: Available Daily</b> Steamed Rice and Mixed Vegetables with Garlic Sauce	<b>Note: Available Daily</b> Steamed Rice and Mixed Vegetables with Garlic Sauce

Cash Purchases for a meal will be \$5.00 daily. Cash Purchases are discouraged due to the additional time involved when purchasing and getting change. As well, there is the possibility of losing or misplacing lunch money.

- A meal card can be purchased in increments of \$20. You will receive 5 tickets for each \$20, a saving of \$1.00 per meal over the cash price. To order Hot Lunch Meal card, please complete the order form on the reverse.
- We would prefer that you send a cheque payable to Bond Academy when purchasing your child' lunch card, eliminating the possibility of the loss of money in transit. The classroom teacher will forward the cheque and order form to the office and will keep the meal card with the teacher. In order to refill the meal card it is necessary to have the card.